

# South Kitsap School District Community Education

*Building a community of learners*



## Fall 2009



SKSD Community Education offers a variety of unique enrichment classes for the entire community. Isn't it time to learn something new?

[www.skitsap.wednet.edu](http://www.skitsap.wednet.edu) ~ 360-874-7005



### ORCHARD HEIGHTS ELEMENTARY: (2288 FIRCREST DR SE, PORT ORCHARD)

**Yoga: Mon. and Wed. starting Sept 28 – Dec 16 from 4:30 – 5:30 p.m. Room #15**

Build strength, increase flexibility, improve balance, and stimulate relaxation. It's great for everyone at every level. Students bring: Yoga-sticky mats. Ages 14 - Adult. Keep limber through the holidays - choose from either 12 or 18 classes. (No Class: Oct 12, Nov 2, 4, & 11). Instructor: Jen Wiebusch. **Class Fee: \$60 for 12 classes or \$90 for 18 classes. Make check payable to Olympic Fitness.**



### EAST PORT ORCHARD ELEMENTARY CAFETERIA: (1964 HOOVER AVE SE, PORT ORCHARD)

**Zumba – Dance Fitness: Tuesdays, Oct 6 – Nov 17 from 4:30 - 5:30 p.m. Gym**

Ditch the workout and join the party! Zumba® fuses hypnotic latin rhythms and easy to follow moves to create a dynamic fitness program that will blow you away. You'll burn 500 – 600 calories in one hour and you'll have fun doing it! Join Zumba instructor Robyn Quiett for easy to learn dance routines and lots of fun! Ages 18 and up. (No class Nov 3).

**Class Fee: \$30. (6 nights) Make check payable to: Robyn Quiett.**



**Beginning Rock Guitar**

**Thursdays Oct 8 – Nov 19 from 6:00 – 7:00 p.m. Music Room Portable**

So you want to be a real guitar hero? Students will learn how to play a basic blues/rock chord progression and two rock songs by end course. Apply new skills to play any type of music. Instructor Jeff Stark makes class fun and motivating with a jam session and backing tracks at each class. Students supply their own electric guitar and pick. Need a guitar? Guitars available through instructor, inquire during registration. Ages 9 and up. (No class Nov 5) **Class Fee: \$75. (6 nights). Make check payable to: Jeff Stark.**

## Classes for KIDS! ORCHARD HEIGHTS ELEMENTARY SCHOOL: (2288 Fircrest Dr SE, PORT ORCHARD)



**Beginning Karate for Kids**

- **Samurai: for kids 4 - 6 years old. Tuesdays, Oct 6 – 27 from 6:00 – 6:30 p.m.**

- **Karate: for kids 7 – 12 years old. Tuesdays, Oct 6 – 27 from 6:30 – 7:15 p.m.**

Kids will learn basic techniques and body control in this fun and fast introduction to Karate. We will discuss successful attitudes for living such as: courage, never giving up, mastery, positive outlook, and teamwork. First 10 students to sign up will get a free uniform. (4 classes).

**Class Fee: \$35. Make check payable to: UKO Karate.**



**Babysitting Basics: Mon/Tues/Wed, Oct. 5/6/7 from 5:30 – 7:30 p.m.** Learn the basic skills needed to be a good babysitter.

Includes sitter dos and don'ts, what to ask the parents, safety precautions, discipline, and caring for infants and toddlers. Good for less experienced sitters or mother's helpers. Students receive a workbook and certificate. Ages 11 – 14. (3 nights)

Instructor: Tish Iwaszuk. **Class fee: \$ 35. Make check payable to: Youth Enrichment Seminars.**

**Safe Kids at Home Alone: Thurs. Oct. 8, 15, 22 from 5:30 – 7:30 p.m.** Does your child know how to stay safe if you're not there?

Topics include safety in public and when home alone, dos and don'ts when alone, basic first aid and when to get help. Students receive a workbook and certificate; parents receive a checklist to determine if their child and their home are both prepared. Ages 8 – 12. (3 nights)

Instructor: Tish Iwaszuk. **Class fee: \$ 35. Make check payable to: Youth Enrichment Seminars.**

**MAD SCIENCE PROGRAM:** Mad Science will spark the imagination and curiosity of your child by providing fun, entertaining, and educational activities that instill a clear understanding of what science is really about and how it affects the world around them. Open to students in grades: K – 6. To register for this class (VISA/MC) call 1-877-755-9898. Or send registration form and check to the following address: Mad Science, 195 Union Avenue, Centralia, WA 98531. **Class Fee: \$50. Make check payable to Mad Science of South Sound.**



**Mondays.....South Colby Elementary.....Oct 19 – Nov 16.....3:50 – 4:50 p.m. (No class Nov 2)**  
**Tuesdays.....Olalla Elementary.....Oct 6 – 27.....3:45 – 4:45 p.m.**  
**Wednesdays.....Hidden Creek Elementary.....Oct 7 – 28.....3:50 – 4:50 p.m.**  
**Wednesdays AM.....Sunnyslope Elementary.....Oct 7 – 28.....8:30 – 9:30 a.m.**  
**Thursdays.....Orchard Heights.....Oct 8 – 29.....3:20 – 4:20 p.m.**

# SKSD Community Education Registration Form

Name of Participant: \_\_\_\_\_  
Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
Email: \_\_\_\_\_  
Class: \_\_\_\_\_  
Class: \_\_\_\_\_

**Release of Liability for all Participants:** *I waive all rights and release all claims that might be had against South Kitsap School District and its hired or contracted instructors and their employees or agents, for any and all injuries or losses which may be suffered because of my, or if signing for a child, my child's participation in the above programs offered by South Kitsap School District's Community Education Program. To the best of my knowledge, I, or if signing for a child, have no physical or other conditions which would interfere with program participation.*

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If participant is under 18 years of age, please indicate age: \_\_\_\_\_ and grade level: \_\_\_\_\_ and school: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(\*\*All classes are taught by contractors independent of SKSD.

revised: 09/05/09

**It's Easy to Register!** Fill out the attached registration form. Make your check or money order payable to the instructor of the class as noted. Please include separate checks for each class for which you register. Sorry, cash and credit card payments are not accepted.

**1. In Person:** Come into the SKSD District Office to prepay and pre-register.

**2. Mail In:** Send in your registration form and payment to the District Office. Postmarks determine placement priority on class list.

○ **Address:** South Kitsap School District, Community Education, 1962 Hoover Ave SE, Port Orchard WA, 98366

○ **Registration Forms and class details are available on our web site at [www.skitsap.wednet.edu](http://www.skitsap.wednet.edu)**

- Consider Yourself Registered: To keep costs low, we send no confirmations. We will ONLY notify you if a class is full, cancelled, or rescheduled.

- Refund Policy: A full refund will be granted if we are notified of participant's withdrawal at least 24-hours before the first day of class. If after attending the first day of class you are dissatisfied, please contact us to discuss further options. A full refund will be granted if the class is canceled for any reason.

- Inclement Weather: Listen to the radio for closure announcements. Canceled school in South Kitsap results in no evening classes.

## MARCUS WHITMAN JUNIOR HIGH: (1887 MADRONA DR SE, PORT ORCHARD)

### H&R Block Tax Class - Is Your Small Business Becoming More Complex?: Tuesday, Sept. 29 from 6:00 - 9:00 p.m.

Join us in a discussion covering the issues faced by a sole proprietor as his or her business becomes more complex. The class covers factors which may cause a sole proprietor to consider changing his or her choice of business entity, including becoming a Partnership, C or S Corporations or an LLC. The advantages and disadvantages to operating each entity will be discussed. Instructor: Karen Mally, Senior Tax Advisor.

**Class Fee: \$5. Make check payable to South Kitsap School District**

### H&R Block Tax Class - American Recovery and Reinvestment Act: Tuesday, Oct 6, from 6:00 - 9:00 p.m.

Does the new law impact you? Topics covered include the First Time Homebuyer's Credit, Earned Income Credit, Additional Child Tax Credit, Hope Credit and more. Instructor: Karen Mally, Senior Tax Advisor. **Class Fee: \$5. Make check payable to South Kitsap School District**



### Practical Feng Shui: Tuesday, Oct 6 from 6:00 - 7:00 p.m.

Would you like to learn how to: Attract more business and job opportunities? Help you sell your home? Create more abundance? Certified Feng Shui practitioner Daphne Van Berkom will discuss how the ancient art of Feng Shui can be used to evaluate your home or business to correct energy imbalances, helping you to create an environment that will attract more happiness, prosperity, and abundance. Students bring: a rough floorplan of your home or office, pencil and paper, and questions!

**Class Fee: \$5. Make check payable to South Kitsap School District.**



### Watercolor – Beginning: Thursdays, Oct 8 – Nov 19 from 5:30 – 7:30 p.m. Room 111

Start a long term relationship or continue with painting in watercolor. Learn the use and care of equipment needed for watercolor painting. Learn to control pigment vs. water in various techniques and texture methods. Whether you want to paint for your own pleasure or develop into an exhibiting artist, this is where you start. Supply list will be given upon registration. Ages 18 – Adult. (6 nights, no class Nov 5). **Class Fee: \$65. Make check payable to instructor: Joann Sullivan.**



### Cooking with Cosmos – Christmas in Italy: Wednesday, October 14 from 6:00 – 8:00 p.m. Room 101

Bring Italy to your house for the holidays. Learn how to create rustic regional desserts for family and guests this holiday season. The chefs from Cosmos Ristorante & Delicatessen of Port Orchard are excited to share their passion for good food with you in a hands-on cooking class. Ages 18 – Adult. (1 night) **Class Fee: \$30. Make check payable to Cosmos Deli.**

## SKSD ADMIN OFFICE INFORMATION TECHNOLOGY LAB: (1962 HOOVER AVE SE, PORT ORCHARD)



### Computer Basics for Adults: Thursdays, Oct 1 – 22 from 6:00 – 8:30 p.m. IT Lab

Introduction to basic computer operations, Word Processing and Windows operating systems. Create and save files, use the taskbar, desktop, and discuss email/Internet. Supplies are included. Adults and Seniors. (4 nights)

**Class Fee: \$60. Make check payable to Advantage Tech.**

### Intermediate Computers for Adults: Thursdays, Oct 29 – Nov 19 from 6:00 – 8:30 p.m. IT Lab

Learn advanced word processing skills including: letter settings, envelopes and labels, and clipart. Create spreadsheets, charts and graphs, and learn how to create databases that will manage your information. Supplies are included. Adults and Seniors. (4 nights).

**Class Fee: \$60. Make check payable to Advantage Tech.**